

Referral guidelines

- Inguinal hernia <6 months of age > Semi-urgent referral
- Inguinal hernia child > Refer on diagnosis
- Hydrocele in a child > Refer if persists beyond 2 years of age
- Umbilical hernia in a child > Refer if persists after 3-4 years of age
- Epigastric hernia in a child > Refer on diagnosis

Diagnosis of a hernia

Clinical diagnosis - not for a routine scan

Criteria for watchful waiting for adult inguinal hernia

- >Adult (*not for children*)
- >Asymptomatic or minimally symptomatic
- >Not limiting activity
- >Reducible
- >Does not want an operation

Patient information brochures

www.facs.org/education/patient-education/patient-resources/operations

Patient risk assessment

Caprini score thromboembolism risk:

<http://venousdisease.com/dvt-risk-assessment-online/>

Gupta perioperative cardiac risk:

<http://www.qxmd.com/calculate-online/cardiology/gupta-perioperative-cardiac-risk>

Estimate risk of postoperative respiratory failure:

<http://www.qxmd.com/calculate-online/respirology/postoperative-respiratory-failure-risk-calculator>

People

James Hamill, Surgeon >Laparoscopic hernia repair in adults • general paediatric surgery

Fionna Mills, Nurse >Specialist health coaching • optimize recovery

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